



**Study Guide:**  
*Zephyr Stone and the Frosty Phantom*

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All of the questions for each chapter reinforce **Reading Comprehension**.

Some questions also relate to other skills and subjects such as **History**, **Geography**, **Language Arts**, **Science**, **Social Studies**, **Life Skills**, and are labeled accordingly.

\*There are 20 **Enrichment Activities** including those related to **History**, **Geography**, **Language Arts**, **Math**, **Science**, **Social Studies**, **Life Skills**, and **Cooking** (a **Life Skill**, which involves **Science** and **Math** for a successful and delicious outcome!)

Educators—Feel free to adjust the questions and activities to best meet the needs of your students.

### Chapter 1, Happy New Year's Ghost

1. Who is Zephyr's best friend?
2. What book character did Grandma June dress up as for her book club party?  
(**Language Arts**)
3. What did Grandma June see in her living room?
4. What five people were in Zephyr's secret ghost-world circle?
5. What did Grandma June think the ghost wanted?

**Language Arts** Activity:

—Grandma June asked her party guests to come dressed as favorite book characters.—

If you could invite book or movie characters to attend a party, who would they be? (Choose at least three.)

-Write a paragraph or a short story describing what each character would like to eat or drink. (For example, *Harry Potter* might like some butterbeer and *Winnie the Pooh* might like some honey cake!) What game would each one like the best? (For example, the *Invisible Man* might like to play Hide and Seek!) Be sure and give reasons why your characters would make their choices.

## Chapter 2, Lucky Food And An Uninvited Visitor

1. Which two foods were traditional for Zephyr's family to eat on New Year's Day and why? (**Social Studies**)
2. How did the air temperature change when Zephyr entered the kitchen to get some cornbread?
3. What material was Zephyr's pendant made of? (**Science**)
4. How was the ghost dressed?
5. What did Sam do in front of the ghost?

**Cooking** Activity:

—With an adult or older teen's help, prepare and enjoy—

## Grandma June's Cornbread

## Ingredients:

- 1 cup all-purpose flour
- 1 cup yellow cornmeal
- 2/3 cup granulated sugar
- 1 teaspoon salt
- 3 & 1/2 teaspoons baking powder
- 1/3 cup vegetable oil or melted butter
- 1 large egg
- 1 cup milk

**Instructions:**

(Preheat the oven to 400 degrees Fahrenheit)

- 1- Prepare a 9-inch round cake pan or cast iron skillet by coating with butter or oil. Set aside.
- 2- In a medium mixing bowl, add the flour, cornmeal, sugar, salt, and baking powder. Whisk to combine well.
- 3- Make a well in the center of the dry ingredients and add the oil or melted butter, milk, and egg. Stir just until the mixture comes together and there are only a few lumps remaining.
- 4- Pour the batter into the prepared pan and bake for 20-25 minutes until the top is a deep golden brown and a toothpick inserted into the center comes out clean.
- 5- Serve while still warm. Delicious topped with butter and honey!

**Chapter 3, Puzzle Pieces**

1. How many pieces were in the jigsaw puzzle and what was it a picture of?
2. Which physical features did Zephyr inherit from her parents and her grandma?
3. Grandma June could no longer see the ghost the way she did the night before? How did he look to her now?
4. What did the ghost do with the cornmeal on the counter?
5. What happened when Zephyr's dad entered the kitchen?

**Arts/Crafts** Activity:

—Make your own puzzle—

- Draw a color picture on a sheet of paper. (You may want to take a photo of it for later reference.)
- With scissors, cut it into 20 or more pieces.
- Mix up the pieces, then place them back again to form your picture.
- Invite friends and family members to put together your puzzle.

**Chapter 4, A Cold Ride Home**

1. What movie theme song did Zephyr's dad hum?
2. What did Zephyr do to get Sam to jump into their car?
3. What did Zephyr's dad think was the reason the car was so cold in the backseat?
4. What did Grandma June teach them to always have in the car? (**Life Skills**)
5. How did Zephyr's mom know Lorie had texted Zephyr?

## Chapter 5, Home is Where The Hat Is

1. What happened to the ice crystals on the car window after the ghost faded away?
2. How did the air feel when Zephyr and her dad approached her bedroom?
3. What questions did Zephyr text Lorie?
4. What were they having for dinner, and what did they call it at Halloween?
5. Who texted Zephyr while she was talking with her parents?

**Science** Activity:

## —Melting Ice Cube Experiment—

Can sprinkling salt, sugar, or sand on ice make it melt quicker? Experiment and find out!

## Materials:

- 4 equal-sized ice cubes
- 4 equal-sized clear, glass containers such as small drinking glasses
- ¼ teaspoon each of table salt, sugar, and sand
- Timer such as a clock

## Directions:

- Place the 4 containers on a table indoors, out of sunlight or other sources of heat.
- Place each ice cube inside a separate clear glass container
- Sprinkle one with salt, one with sugar, one with sand, (Leave one plain to be your control object.)
- Check every 10 minutes to see any changes. You might want to take photos at different points in the experiment.
- Which melted the fastest?
- After the experiment is complete, research the reason for the fastest melting by typing the following question in an online search engine:  
“Why does (name of whichever ingredient you found melted the ice quickest) melt ice quicker?”

Here is a good link about the experiment:

<https://www.scientificamerican.com/article/what-makes-ice-melt-fastest/>

## Chapter 6, Not Exactly Casper

- 1- What did Lorie say could help people sleep better? (**Science/Life Skills**)
- 2- What did Lorie see beside the hatbox?
- 3- What was the name of the boy-ghost character that Zephyr and Lorie saw in an old movie?
- 4- How did the type of hat called a “bowler” get its name? (**History**)
- 5- How was the second ghost dressed?

## Chapter 7, Here Comes The Bride

- 1- What did the ghost-bride do when she looked at Zephyr?
- 2- What was on the bride’s headband and what hung down from the headband?
- 3- Where did Lorie suggest Zephyr put the bowler hat?
- 4- What did the ghosts do after Zephyr followed Lorie’s suggestion?
- 5- What did Zephyr see when she looked back towards the ghosts’ room?

## Chapter 8, Lorie’s Brilliant Idea

- 1- What did Zephyr think was heading straight for her?
- 2- What was actually happening?
- 3- Where did Lorie suggest Zephyr move the hat?
- 4- What had Zephyr’s parents begun to make in that place?
- 5- How would Lorie join Zephyr when Zephyr moved the hat?

## Chapter 9, Moving Day For Ghosts

- 1- What was on Zephyr’s bedroom windows?
- 2- What did Zephyr do to document what she saw?
- 3- What did Zephyr tell the ghosts she would call them?
- 4- Where did Zephyr move the hat and where did she set down the hatbox?
- 5- What did Zephyr hear after she went to bed that night?

## Chapter 10, Cafeteria Conference

- 1- What is Zephyr’s school bus number?
- 2- What did Lorie bring for lunch and when was it traditional to eat it? (**Social Studies**)
- 3- Who was sitting at Zephyr’s and Lorie’s usual cafeteria table?
- 4- What did Luke’s friends do?
- 5- What did Luke give Zephyr after lunch?

**Life Skills** Activity:

(\*Harmless teasing can be ignored or laughed off, but bullying is a serious matter that should never be tolerated. Always tell a trusted adult if you have been bullied or observed another person being bullied.)

—Use the chart, below, as a guide to answer these questions—

- What is the difference between teasing and bullying?
- Is one more harmful than the other?
- Think of a time you felt you were being teased or bullied, or saw someone else being teased or bullied. Look at the chart and decide which category it fits into. How did you respond? Is there a more productive way in which you could respond in the future?

## Chapter 11, Food For Thought

- 1- What is the name of the school librarian?
- 2- Why did Zephyr ask if there were books to shelve?
- 3- Where did Luke suggest Zephyr and Lorie could meet for lunch?
- 4- What happened when Zephyr took the hat out of its box?
- 5- What did Luke knock over?

## Chapter 12, A Bicycle Built For Two...Or Three

- 1- What was drawn in the spilled cheese?
- 2- Why did the waitress think the air was cold at the booth in which Zephyr and her friends sat?
- 3- What was the name of Lorie's family's bed and breakfast inn?
- 4- Where were the ghosts sitting while Zephyr rode her bicycle?
- 5- What are *polvorones*? (**Social Studies**)

## Chapter 13, A Blast From The Past

- 1- Where did Grandma June buy the bowler hat?
- 2- How did Zephyr describe "Mr. Hat"?
- 3- What did Mr. Hat have that Zephyr hadn't noticed before?
- 4- Describe the photograph that Granny Hernandez showed Zephyr, Luke, and Lorie, and what was the date of the photo?
- 5- In the photograph, was the bridegroom wearing a wedding ring?

**Social Studies** and **History** Activity:

—Granny Hernandez said that it wasn't until the 1940s that it became the norm for men to wear wedding rings—

-Research and discover:

- 1- The important, worldwide event that happened in the 1940s
- 2- How this event affected the wearing of wedding rings by men
- 3- The origin/meaning of wearing wedding rings on the third finger of the left hand

Chapter 14, Now What?

- 1- Why did Zephyr think Mr. Hat was sad?
- 2- What did Mr. Hat do when Zephyr set the photo album next to the bowler hat?
- 3- What happened when Zephyr asked Mr. Hat if this was about his family?
- 4- What did Zephyr think her parents would do if they didn't solve the mystery pretty soon?
- 5- What did Zephyr do with the hat?

Chapter 15, Decision Time

- 1- What did Zephyr decide to do with the bowler hat?
- 2- Where had Michelle gone with her parents?
- 3- What is the first name of Lorie's mother?
- 4- What did Luke ask Zephyr when they were at the end of Lorie's driveway?
- 5- According to Zephyr's internet search, who was living at the house on Ballentine Drive?

Chapter 16, Heart To Heart

- 1- What did Zephyr do when snowflakes settled on her desk?
- 2- What was drawn in the snowflakes?
- 3- Who did Zephyr invite to her house to see her video?
- 4- What kind of project did Zephyr tell her mom that she and her friends were working on together?
- 5- How did Luke and Lorie respond when Zephyr asked if they would like to have a copy of her video?

## Chapter 17, A Closer Look

- 1- Why didn't Lorie want the video on her phone?
- 2- What did Lorie carry into Zephyr's bedroom?
- 3- What picture was on the poster in Zephyr's room, and who owned the poster before Zephyr?
- 4- What were the words and the picture inside the hat? In what year was the hat-making company formed?
- 5- What else did Luke see inside of the hat?

**History** and **Arts/Crafts** Activity

—The bowler hat provides important information that Zephyr and her friends need to solve the mystery. In an earlier chapter, you read how that type of hat got its name.

-Choose one or more of the following hats, then research its description and origin.

-Write down what you learned, and draw a picture of a person wearing it.

-Cowboy/Cowgirl Hat

-Top Hat

-Fedora

## Chapter 18, Hidden Clues

- 1- What were the first letters and numbers that Zephyr saw on the ribbon inside the hat?
- 2- What did Sam do to the hat?
- 3- Which initials belonged to Mr. Hat?
- 4- What kind of music began playing?
- 5- What was R. P.'s relationship to the ghost couple?

## Chapter 19, Introducing The Parker Family

- 1- Why did Mrs. Hat giggle?
- 2- What were the Parker family names, ages, and relationships listed on the 1930 Census?
- 3- Where did they live?
- 4- How old was each family member when they received the bowler hat?
- 5- How and when did the Parkers' son die?



**Math** Activity

—In this chapter, the 1930 Census lists the age of each member of the Parker family.—  
List each member on a sheet of paper. Calculate in what year each was born, then write their birth year beside their names.

## Chapter 20, Professor Parker

- 1- Why did Zephyr think that Roberta Parker received the bowler hat?
- 2- Why couldn't Lorie go to Zephyr's house after school?
- 3- What is an obituary?
- 4- At what university was Roberta Parker a professor?
- 5- What were Professor Parker's instructions regarding her assets after her death?

**Social Studies** and **History** Activity

—Research the history of Elizabeth City State University to answer the following questions—

- Where and in what year was the school first established?
- In what year did it become a full four-year teachers college?
- In 1961 it gained membership into what organization?
- What is the difference between a college and university?
- In what year did it gain its current name and status as a university?
- It has the only four-year degree program in the state of North Carolina for what?

## Chapter 21, Grandma's Mystery

- 1- On what holiday weekend did Zephyr stay with Grandma June?
- 2- What did Zephyr's dad give Grandma June?
- 3- What four places did Zephyr and Grandma June (and Sam) pass on their way leaving Colington Island?
- 4- What was their first stop?
- 5- What was their second stop?

## Chapter 22, Family Matters

- 1- Where did Mrs. Stipple purchase the bible?
- 2- When did Morris and Veronica Parker get married?
- 3- What else happened on that day?
- 4- Since Samuel and Annie Parker were born before the Civil War, what may have been their living situation?
- 5- What did Mrs. Stipple want to happen to the Parker Family Bible when Zephyr was finished with it?

### Chapter 23, The Gingerbread House

- 1- What did the ghosts do while Zephyr and Grandma June and Sam were eating donuts?
- 2- What river did they cross when they entered Elizabeth City? (**Geography**)
- 3- What did Grandma June call the Parkers' house?
- 4- To what did that name refer? (**History**)
- 5- What was the name of the real estate agent?

#### **Geography** Activity:

- Find Elizabeth City, North Carolina on a map.
- How far is it from Zephyr's home on Colington Island?
- How far is it from your house?
- Draw a map showing your location, Elizabeth City, and Colington Island. Draw lines between the three locations. Write down the miles between the locations on those lines.

### Chapter 24, Welcome Home

- 1- What did Zephyr say was the one thing to which Morris Parker's ghost was attached.
- 2- Who was standing at the door when it opened?
- 3- When was the house built, and who designed and built it?
- 4- What kind of music did Zephyr and Grandma June hear?
- 5- What shape was the room from which the music was heard?

### Chapter 25, Follow The Music

- 1- What did Zephyr and Grandma June see reflected in the windows?
- 2- Grandma June said it may have been a vanilla haunting. What did she mean by a vanilla haunting?
- 3- What type of music came in from the hallway?
- 4- What was the source of the music being played in the basement?
- 5- Where did Zephyr place the hat in the basement?

**Arts and History** Activity:

—The 1920s was known as the Jazz Age.—

Research and write a report about one of the following musicians who first became popular in the 1920s. Include information about their lives as well as the music they wrote. (You may be able to hear them perform on YouTube!)

- Louis Armstrong
- Jelly Roll Morton
- Duke Ellington
- Fats Waller

## Chapter 26, Indoor Snowstorm

- 1- What did Zephyr hear as she went back down into the basement?
- 2- What did Zephyr smell during the indoor snowstorm?
- 3- Why didn't Grandma June go back down to join Zephyr in the basement?
- 4- Who helped Zephyr open the hidden cabinet door?
- 5- Who was sitting in the back seat when Zephyr and Grandma June returned to the car?

## Chapter 27, Back Where It All Began

- 1- What did Zephyr and Grandma June have for dinner and dessert?
- 2- What did Zephyr and Grandma June drink after Zephyr returned from Sam's walk?
- 3- What is Zephyr's favorite room?
- 4- Who sent Zephyr a text message?
- 5- What did Zephyr suggest she might do with the bowler hat?

**Geography** Activity:

—Grandma June lives near the Great Dismal Swamp.—

- Locate the swamp on a map.
- Research and find out:
  - 1- The overall size of the swamp
  - 2- The name of the lake in the swamp
  - 3- The widest and deepest sizes of the lake
  - 4- The reason the lake water is brown

## Chapter 28, Autopilot

- 1- Why did Zephyr let the hat slip over her eyes?
- 2- What did Grandma June give Zephyr to help get a message from the ghost?
- 3- How did Zephyr's hand feel?
- 4- Why did Lorie think Zephyr's hand itched after the drawing stopped? (**Science**)
- 5- What was written on the paper?

## Chapter 29, A Major Clue Revealed

- 1- What was the drawing of?
- 2- How did the ghosts respond after the drawing was revealed?
- 3- What emotions did Lorie think the ghosts must feel on their wedding anniversary? Why?
- 4- What was Snooky Bear?
- 5- What was the name of the stuffed animal that had been important to Zephyr's dad?

## Chapter 30, Ghost-Drawing

- 1- What was the name of the school bus driver?
- 2- What did Luke say were dogs' superpowers? (**Science**)
- 3- What kind of cookies had Zephyr's dad baked for them?
- 4- What did Lorie suggest that Zephyr do?
- 5- What could Zephyr hear during the ghost-drawing?

## Chapter 31, X Marks The Spot

- 1- What had Mr. Parker drawn using Zephyr's hand?
- 2- What did Lorie first think it might be? Was it?
- 3- What did the "X" mark? How did they figure it out?
- 4- What was Sam's favorite game?
- 5- When was the Cape Hatteras Lighthouse moved, and why? (**History/ Science**)

## Chapter 32, If Hats Could Talk

- 1- What are the names of the seven Outer Banks lighthouses? (**Geography**)
- 2- Which lighthouse is the oldest active one and which is the tallest one? Where are they located on the Outer Banks? (**Geography/History**)
- 3- To which website did Zephyr send questions about the unknown lighthouse on the ghost's map?
- 4- When and why was the lighthouse erected? When and how was it destroyed?
- 5- What was the name of the lighthouse?

**Geography** and **History** Activity:

—Lighthouses have been built in many places in the United States other than along the coasts of the Atlantic and Pacific oceans. —

- Research and list the different regions where lighthouses have been built in the United States.
- In your region (or the region nearest you in which lighthouses exist), which lighthouse is the oldest? Tallest? Shortest?
- You can find a good resource at this webpage:  
[https://en.wikipedia.org/wiki/List\\_of\\_lighthouses\\_in\\_the\\_United\\_States](https://en.wikipedia.org/wiki/List_of_lighthouses_in_the_United_States)

## Chapter 33, Four Heads Are Better Than One

- 1- Who did Zephyr send a group text message to?
- 2- Why did Lorie think helped her be a fast and accurate typist?
- 3- What was the name of the article from February 21, 1922?
- 4- What was the date of the storm?
- 5- Who died in the storm?

## Chapter 34, Past Meets Present

- 1- How did the lighthouse keeper die?
- 2- Where was the wedding held?
- 3- Who was the subject of Zephyr's Black History Month report? (**History**)
- 4- What was the name of the only life-saving station manned by an all African-American crew, and who was Head Keeper? (**History**)
- 5- To what two places was the class going on a field trip? (**Geography/History**)

**History** Activity:

-Research the lives of Harriet Jacobs or Richard Etheridge, and write a report about one of them.

## Chapter 35, The Field Trip

- 1- Who was the bronze statue of? (**History**)
- 2- Where was the Etheridge family cemetery? (**Geography/History**)
- 3- When was the Pea Island Cookhouse moved to Roanoke Island? (**History**)
- 4- What song was sung on the bus during the field trip?
- 5- Where had a ghost-cat been seen? (**History**)

**History** Activity:

Explore the Graveyard of the Atlantic Museum by visiting it in person or through its website:

<https://graveyardoftheatlantic.com/>

its Facebook page:

<https://www.facebook.com/pages/Graveyard-of-the-Atlantic-Museum/135270636504014>

its YouTube channel:

<https://www.youtube.com/watch?v=1a3arl6IJCc>

What part of the museum is the most interesting to you? Why?

## Chapter 36, Pizza And A Plan

- 1- When did Luke think that pizza became popular in the United States? (**Social Studies / History**)
- 2- What did Luke think was the problem that the ghost needed settling?
- 3- What did Lorie think would help convince the lighthouse keeper's ghost that his son and daughter-in-law had survived the storm?
- 4- How did Luke say he could help?
- 5- How did Lorie say she could help?

**History** Activity:

—Research and write a report about the origins of these popular foods—

- Hot Dogs
- Hamburgers
- Spaghetti
- Fried Chicken
- Ice Cream

## Chapter 37, Up In The Air

- 1- What was Zephyr's mom cooking for Luke and Lorie and Granny Hernandez to take home?
- 2- Granny told a joke that ended with the Spanish words: "*Porque estaba quebrado!*" What does that mean in English? (**Social Studies**)
- 3- What was the name of the airport?
- 4- What kind of airplane did they fly in?
- 5- What are the Triangle Wrecks? Where are they? (**Geography/History**)

**Language Arts** Activity:

—In this chapter, Zephyr and her friends go for a ride in a small airplane above the ocean and beaches of the Outer Banks—

Write a short story or poem about where you would go if you could fly in a plane to any location in the world. Why would you go there? Would anyone go with you? What would you see, hear, feel, smell there? What kind of food would you eat? What kind of clothes would you wear based on the climate?

## Chapter 38, Storm Warning

- 1- According to Luke's weather app, when was a major snowstorm expected?
- 2- What did Lorie say Zephyr could do to solve the ghosts' problem?
- 3- Why did Zephyr tell Mr. and Mrs. Parker that she had good news and bad news?
- 4- Mrs. Parker mouthed two words to Zephyr—what were they?
- 5- Who stood in Zephyr's bedroom doorway?

**Science/Geography/History** Activity:

- What weather conditions make a blizzard?
- Research and find out if there has ever been a blizzard in your state or region. If yes, when was the most recent one?
- Read a website such as <https://www.worldatlas.com/articles/where-are-blizzards-most-likely-to-occur.html> and discover the two major types of blizzards and what are the areas on Earth most prone to blizzards.

## Chapter 39, All In the Family

- 1- Who was the first person who knew about Zephyr's ghost-charming experiences?
- 2- What did "B. G." stand for?
- 3- What was the name of Zephyr's mom's dog?
- 4- When did Zephyr's mom have her first ghostly encounter?
- 5- What did Zephyr's mom's grandmother say to her mom?

## Chapter 40, The Chosen

- 1- What did Grandma June call people with Zephyr's ability to communicate with ghosts, and what did Zephyr's great-grandmother call them?
- 2- What was the difference between what Grandma June called vanilla hauntings and strawberry hauntings?
- 3- What was the name of the first ghost that Zephyr encountered, and where did she see it?
- 4- When did Zephyr's mom and Zephyr's great-grandmother stop encountering ghosts?
- 5- Could Zephyr's dad see ghosts?

## Chapter 41, Seeing The Light

- 1- Where were Zephyr and her family going to stay on Valentine's Day?
- 2- How long did it take for Zephyr's dad to drive their car to the beach house? How long did it normally take?
- 3- What did Zephyr's dad call her?
- 4- What did Zephyr's mom set out for Zephyr to wear?
- 5- What did Zephyr see that told her it was time to go to the phantom lighthouse?

## Chapter 42, At The End Of Her Rope

- 1- What was Zephyr's dad going to hold onto while she approached the lighthouse?
- 2- What was Zephyr wearing around her neck that her grandma had given her?
- 3- Zephyr saw a faint, green light in the blizzard—what was it?
- 4- Who did Zephyr see when she first entered the phantom lighthouse?
- 5- What two things were different about the ghosts of Mr. and Mrs. Parker when Zephyr encountered them inside the lighthouse?

## Chapter 43, To The Top

- 1- What did Zephyr wonder could happen to her?
- 2- Where did Mr. Parker say his father was?
- 3- When Zephyr first saw Keeper Parker, what was he doing?
- 4- What did Zephyr show the lighthouse keeper?
- 5- Who did Mrs. Parker say her father-in-law would be proud of?



## Chapter 44, Happy Valentine's Day!

- 1- What did Veronica tell her father-in-law was the reason she and his son wore their wedding clothes?
- 2- What did Morris give to Zephyr?
- 3- What happened to Zephyr as soon as the ghosts departed?
- 4- What kind of cookies did Lorie's grandmother make for them for Valentine's Day?  
(**Social Studies**)
- 5- What did Luke give Lorie and Zephyr?

**Arts/Crafts and Life Skills** Activity:

—It may not be near Valentine's Day when you do this activity, but since love and friendship are year-round...

-Make a card for a friend or family member that tells them how much they mean to you. (Maybe it will be for a friend with whom you like to talk or play games or sports. Perhaps it will be a relative who makes you feel happy. Give it some thought, then create your card, and give it to that person. Feel free to make and give cards to more than one person.)

## Chapter 45, News From Cheshire Cats

- 1- What had Zephyr's parents given her for Valentine's Day?
- 2- What had Zephyr's dad given her mother for Valentine's Day?
- 3- Where was Sam going to stay while Zephyr and her parents went on a trip during Spring Break?
- 4- To what country were they going to travel?
- 5- Where were they going to stay, and what was unusual about it?

**Language Arts** Activity:

—Research and discover—

-What does it mean to grin like a Cheshire Cat?

-What book features a character called the Cheshire Cat? Who was the author? When was it written?

-Read the book or watch a film version of it, then choose your favorite character. Why is that character, your favorite?